

YOU ARE BEAUTIFUL

lyrics and music by Jan-Tore Saltnes

from the album «Source of love»

The voices in your mind
have made you both deaf and blind
The picture of yourself needs to be totally redefined
The mirror tells you lies
You see with shrouded eyes
You need to stop believing the words from the haunting voice inside

For you are beautiful just the way you are
There is no one just like you,
what you are and what you do
Yes, you are beautiful just the way you are
You are loved for who you are
You're the brightest little star
You are beautiful

Don't believe
in commercials or TV
The glossy picture painted is not reality
The message of the world today
has led us all astray
The lack of likes and followers can never take your worth away

For you are beautiful just the way you are
There is no one just like you,
what you are and what you do
Yes, you are beautiful just the way you are
You are loved for who you are
You're the brightest little star

If you could see you the way I do,
you would see that you're beautiful too
You need to paint a new portrait of you,
for you are beautiful
Don't let anyone make you fall
Don't listen to the doubts in your soul
You are loved and you're beautiful
just the way you are

For you are beautiful just the way you are
There is no one just like you,
what you are and what you do
You are beautiful just the way you are
You are loved for who you are
You're the brightest little star
You are beautiful